Vehicle MET Technician

Vehicle Mechanical, Electrical and Trim (MET) Technicians identify damaged mechanical and electrical components in vehicles which have usually been involved in an accident.

The Work

You could be:

- assessing the extent of damage to mechanical and electrical components
- stripping and refitting vehicle parts that have accident damage
- repairing or replacing damaged panels and components to a required standard
- using diagnostic equipment to diagnose and fix electrical faults
- fixing mechanical damage such as engine, suspension or steering
- using a computerised machine to align wheels
- ordering necessary parts from the parts department
- working from a job card detailing work to be done
- preparing an invoice for work done and passing it to the accounts department.

Pay

The figures below are only a guide. Actual pay rates may vary, depending on:

- where you work
- the size of the company or organisation you work for
- the demand for the job.

Starting salaries may be based on the National Minimum Wage (NMW). The apprentice rate, for those aged under 19 or aged 19 or over and in the first year of their apprenticeship, is £8.00 an hour (1 April 2026).

Apprentices may earn between £7,500 to £13,000 a year.

A qualified vehicle MET technician may earn around £35,000 to £38,000 a year. You can increase this by overtime and bonuses. More experienced technicians may earn up to £55,000 a year or more.

Conditions

- You will usually work in an accident repair centre where there could be a lot of dust, noise and paint fumes.
- You may work in cramped and uncomfortable positions and you will wear protective clothing.
- You might have to lift heavy parts by yourself or by using lifting equipment.
- You will work around 40 hours a week and sometimes do overtime.
- You would normally work Monday to Friday, but may have to do overtime in the evenings and weekends.

Getting In

- Most entrants start through a Modern Apprenticeship in Automotive: Vehicle Accident Repair at SCQF Level 5.
- There are no formal entry requirements but employers would expect you to have English, Maths and a science or technological subject at least to National 4.
- You usually have to sit an aptitude test for entry.
- You could go to college on a day release basis whilst in employment.
- You need to be fit, as you may have to lift heavy parts and work in cramped and uncomfortable positions.

What Does It Take

You need to be:

- good with your hands
- able to pay attention to detail
- accurate and careful
- able to follow instructions (written and verbal)
- safety conscious
- able to work under pressure to meet deadlines
- able to work on your own and as part of a team.

Training

- Training for a Modern Apprenticeship usually lasts 4 years. You would attend college or a training centre on a day or block release basis.
- You would complete SVQ Vehicle Accident Repair Mechanical, Electrical and Trim (MET) at SCQF Levels 5 and 6.
- You could study the Foundation Apprenticeship in Automotive (SCQF Level 4) in S3-S6, which can help to get into a relevant Modern Apprenticeship.
- You may work towards the IMI Accreditation Mechanical, Electrical, Trim (MET). This involves sitting practical exams and completing online knowledge tests. There are two levels of job roles within IMI Accreditation Mechanical, Electrical, Trim (MET): Technician and Senior Technician.
- You will need to keep up to date with new materials that vehicle manufacturers use.

Getting On

- After getting experience, you could become a senior technician, supervisor or manager.
- You could move into training.

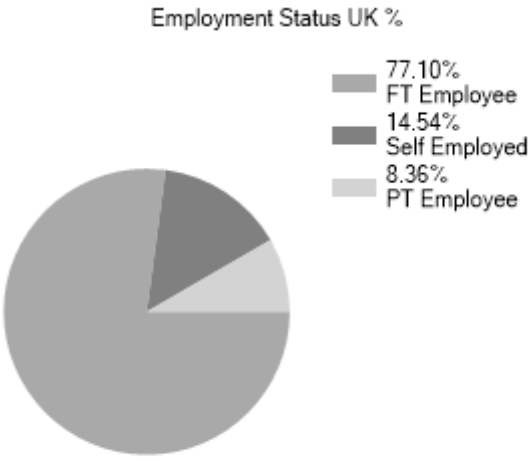
More Information

For more information please see the organisations listed below:

- GTG Training Ltd
- Institute of the Motor Industry (IMI) (Scotland)

Contacts

Statistics



LMI data powered by LMI for All

Past Unemployment - Scotland

No Claimant statistics available for Scotland.

Predicted Employment Statistics : Not available this career.