

### **Dance Teacher**

Dance teachers train and educate pupils of all ages in different styles of dance. They may specialise in one style or a broader range, working in private dance studios, schools and leisure or community facilities.

### The Work

Dance teachers work in a variety of styles which include:

- classical ballet
- contemporary dance such as jazz, street, hip-hop or freestyle
- · Highland dance or Scottish country dancing
- ballroom and Latin American
- cultural dance, such as Irish, African or Indian.

#### You could be:

- planning lessons around a set syllabus
- working out dance routines and selecting music
- teaching pupils how to warm up and cool down properly, to prevent injury
- demonstrating how a move or routine should be performed
- monitoring pupils' dance moves and correcting when necessary
- · recording the progress of pupils
- preparing pupils for exams with extra training
- teaching individuals or groups, adults or children
- training dancers for a theatre or stage performance.

### Pay

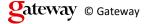
The figures below are only a guide. Actual pay rates vary considerably depending on:

- whether you are freelance or employed
- the size of the company or organisation you work for
- the competition for posts.

Teachers of dance can charge freelance rates of between £10.00 to £30.00 per hour or between £80 to £160 a day.

## **Conditions**

- You will spend most of your time working in dance studios, halls or classrooms.
- You may work in more than one venue and have to travel between them.
- You must be very fit and careful to avoid injury.
- You may have classes during the day, the evening and at weekends.
- You may train stage and theatre dance troupes and have to attend rehearsals and performances.





- Part time and self-employed freelance work is common.
- You may need to travel to other parts of the UK for training and even work.

## **Getting In**

- A number of colleges in Scotland run courses in dance and performing arts (including dance) at NC or NQ level (SCQF Level 4-6), as well as HNC (SCQF Level 7), HND (SCQF Level 8) and degree level (SCQF Level 9-10).
- The Royal Academy of Dance offers a range of distance learning courses, from Certificate up to Masters degree level, in dance education and teaching.
- For NC/NQ courses entry requirements vary and you do not always need formal qualifications. For HND
  courses you need 2 Highers or a relevant NC/NQ plus an audition. For degree courses you need 4-5
  Highers or a relevant HND.
- You may also need dance teaching qualifications from a dance awarding body recognised by the Council for Dance, Drama and Musical Theatre (CDMT).
- See the CDMT website for more information on dance awarding bodies that offer qualifications. Some of them have approved training centres in Scotland.
- Only teachers registered with the relevant dance awarding body may enter students for exams.
- You may require a satisfactory criminal record check from Disclosure Scotland to show that you are suitable for this type of work. Contact Disclosure Scotland for details on the type you would need.

### What Does It Take

### You should have:

- excellent dance skills in your chosen style
- creative talent and good expressive skills
- excellent communication skills
- energy and stamina
- patience and the ability to motivate others
- an understanding of health and safety
- good observation skills
- the ability to manage a class of pupils.

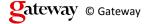
### You should also be:

- passionate about dance
- enthusiastic when teaching.

## **Training**

- Scottish Youth Dance offers <u>Continuing Professional Development (CPD)</u> courses in various aspects of dance for teachers in nursery, primary and secondary education.
- You may wish to complete more training and qualifications with additional dance awarding bodies.

# **Getting On**



Date Updated: 09/09/2025



- With experience you could move into a more senior teaching role or manage a dance studio.
- You may become self-employed and have your own dance studio.
- You might move into community development work, such as leading projects to make dance accessible to all.

### **Contacts**

### Council for Dance, Drama and Musical Theatre (CDMT)

Tel: 020 7240 5703 Email: info@cdmt.org.uk Website: www.cdmt.org.uk

X: @CDMTorg

Facebook: www.facebook.com/CDMTuk

### **One Dance UK**

Tel: 020 7713 0730

Email: info@onedanceuk.org Website: www.onedanceuk.org

X: @onedanceuk

Facebook: www.facebook.com/onedanceuk

#### Royal Academy of Dance (RAD)

Tel: 020 7326 8000 Email: info@rad.org.uk

Website: www.royalacademyofdance.org

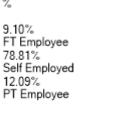
X: @RADheadquarters

Facebook: www.facebook.com/RoyalAcademyofDance



# **Statistics**



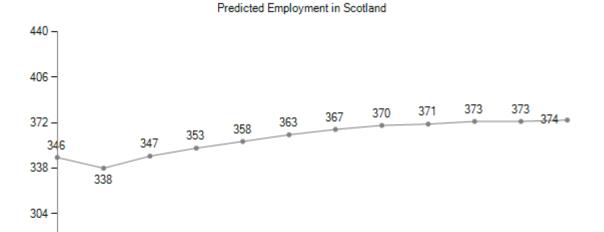


78.81%

### **Past Unemployment - Scotland**

No Claimant statistics available for Scotland.

LMI data powered by LMI for All



2027

2028

2029

2030

2031

2032

2033

LMI data powered by <u>Lightcast</u>

2023

2024

2025

2026

270 2022

