

Physical Activity and Health (NextGen)

New College Lanarkshire

Venues

Motherwell Campus

Content

This new and exciting course can help turn a passion for physical activity, fitness and health into a nationally recognised qualification. The course is designed to provide you with the underpinning knowledge to work within the ever-expanding Physical Activity and Health industry, as well as the teaching and instructing skills for successful progression to HND-level study. There will also be the opportunity to gain additional career-enhancing industry qualifications as part of your study.

As part of your second and final year of study you will complete a range of units that build upon your knowledge gained in the first year of the award. Specialist case studies and innovative learning methods are used to enable you to gain an insight into working in this dynamic area, or preparing you for degree level of study. Work placement opportunities completed throughout the year will allow you to put into practice the theoretical skills taught in the classroom, while build your confidence in the workplace.

This award is jointly certificated with Sportscotland and the Chartered Institute for the Management of Sport and Physical Activity (CIMSPA). This partnership will allow you to gain employment in a variety of roles and gain a better understanding of how you can support people in becoming more active and leading a healthy lifestyle.

Start Date

August

Qualification

HND

Study Method

Full time

Course Length

1 year

Department

Sport and Physical Activity

Entry Requirements

HNC Physical Activity and Health (NextGen)

You will require a satisfactory criminal record check from Disclosure Scotland to show that you are suitable for this type of course. Contact Disclosure Scotland for details on the type you would need.

SCQF Level

8

Progression Routes

«ProgressionRoutes»

Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

Address

Town Centre
Cumbernauld
North Lanarkshire
G67 1HU

Website

www.nclanarkshire.ac.uk