National 5 Dance (Course Code: C818 75)

SCQF Level 5 (24 Credit Points)

Why study Dance?

Dance allows you to express yourself in a creative and practical way. It's fun, physical and very demanding! It can improve your fitness, self-esteem and confidence, as well as introducing you to a wide range of different dance styles.

It will appeal to you if you love dancing, telling stories or expressing emotions using rhythm and movement. It also helps if you are determined and energetic with plenty of stamina.

Dance helps you to develop important skills such as: communication, planning, critical thinking, teamwork and self-management.

These skills are valuable in a wide range of careers, including: choreography, community dance work, dance performance (from ballet to salsa), health and fitness instruction, dance teaching and dance movement therapy.

Career Pathways

To see what career areas this subject could lead to and the routes to get there, download and view these career pathways:

Performing Arts

Sport

What do I need to get in?

Entry is at the discretion of the school or college.

You should have achieved the fourth curriculum level or the equivalent qualifications/ and or experience prior to starting this course.

Relevant subjects for entry include:

National Progression Award in Dance (SCQF Level 4)

What will I study?

You will develop a range of technical and choreographic skills in dance to produce creative performances. You will experiment with a range of dance styles and explore the possibilities of theatre arts.

The course comprises **two** areas of study.

Choreography

You will:

- respond to stimuli using imagination and creativity, conveying thoughts, meanings and ideas through movement
- learn how to apply choreographic principles to enhance intention
- apply problem-solving skills in order to create and deliver choreography
- evaluate the work of professional choreographers to help explore and develop your own choreographic ideas.

Technical Skills

You will:

- develop your technical dance skills for solo and/or group dance performances
- explore dance techniques and develop them in a range of dance styles
- apply dance techniques in choreographed sequences.

How will I be assessed?

Course Assessment

The course assessment has **three** components **totalling 130 marks**:

- Component 1: question paper – 30 marks
- Component 2: practical activity – 65 marks
- Component 3: performance 35 marks.

For the practical activity, you will produce and present a piece of choreography, and evaluate the process. This will be assessed internally by your school or college. A sample of candidates will be assessed by a visiting SQA assessor.

The performance component will involve a solo performance in one dance style. This will be set by your school or college, following guidelines by the Scottish Qualifications Authority (SQA). Your performance will be assessed by a visiting SQA assessor.

The question paper will be set and marked externally by the SQA.

The grade awarded is based on the total marks achieved across all course assessment components.

The Course assessment is graded A–D.

Study Materials

- SQA Past Papers Dance National 5
- SQA Specimen Paper Dance National 5

- SQA Understanding Standards Dance
- BBC Bitesize National 5 Dance
- UShare Study Resources

What can I go on to next?

If you complete the course successfully, it may lead to:

- **Higher Dance**

Further study, training or employment in:

- Dance
- Performing Arts
- Sport