

Dietetic Support Worker

Dietetic support workers assist dietitians with patient assessments and keep patients healthy by treating or preventing certain illnesses.

The Work

You could be:

- helping out in the clinic advising patients on diet and nutrition
- giving advice on using feeding tubes and pumps
- helping a patient to choose from the hospital menu
- keeping nursing staff up to date on patients' dietary requirements
- updating the dietitian on patient progress
- weighing patients and updating their records
- ordering supplies.

Pay

Under NHS Agenda for Change, dietetic support workers start on Band 2, £26,658 to £28,947 a year. With promotion your salary would rise to Band 3, £29,061 to £31,364 a year. The current pay scales are from April 2025.

Conditions

- You would be based in either a community or hospital setting.
- You would work under the supervision of a registered dietitian.
- Working hours are normally regular but there may be occasional weekend and evening work.

Getting In

- A good general education is useful including English and Maths.
- You can enter through a Modern Apprenticeship in Healthcare Support (Clinical) at SCQF Level 6.
- You may need to sit an entrance test.
- Previous experience in a paid or voluntary role in a healthcare setting would be an advantage.
- You will require a satisfactory criminal record check from Disclosure Scotland to show that you are suitable for this type of work. Contact [Disclosure Scotland](#) for details on the type you would need.

What Does It Take

You need to have:

- an understanding of basic nutrition
- good communication skills
- excellent listening skills

- the ability to work as part of a team
- patience and understanding
- good organisation skills
- the ability to stay calm when working under pressure.

Training

- Training is on the job. You would work towards SVQ Healthcare Support (Clinical) at SCQF Level 6 or 7.
- Induction training includes an introduction to the department and its procedures, and how to use equipment.
- The British Dietetic Association (BDA) runs appropriate training courses on a variety of different subjects.

Getting On

- You may also be encouraged to work towards further education qualifications, such as HNC Food Science and Technology (SCQF Level 7).
- You could study for a degree to work as a [Dietitian](#).

Contacts

British Dietetic Association

Tel: 0121 200 8080

Website: www.bda.uk.com

X: @BDA_Dietitians

Facebook: www.facebook.com/BritishDieteticAssociation

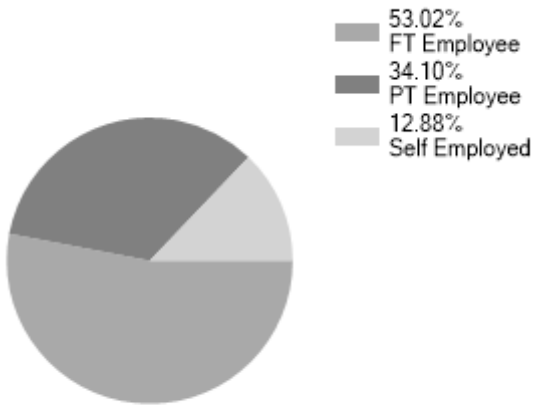
NHS Scotland Careers

Website: www.careers.nhs.scot

Website (2): jobs.scot.nhs.uk

Statistics

Employment Status UK %



Past Unemployment - Scotland

No Claimant statistics available for Scotland.

LMI data powered by [LMI for All](#)

Predicted Employment Statistics : Not available this career.