

## Dietetic Support Worker

Dietetic support workers assist dietitians with patient assessments and keep patients healthy by treating or preventing certain illnesses.

### The Work

You could be:

- helping out in the clinic advising patients on diet and nutrition
- giving advice on using feeding tubes and pumps
- helping a patient to choose from the hospital menu
- keeping nursing staff up to date on patients' dietary requirements
- updating the dietitian on patient progress
- weighing patients and updating their records
- ordering supplies.

### Pay

Under NHS Agenda for Change, dietetic support workers start on Band 2, £25,694 to £27,900 a year. With promotion your salary would rise to Band 3, £28,011 to £30,230 a year. The current pay scales are from April 2025.

### Conditions

- You would be based in either a community or hospital setting.
- You would work under the supervision of a registered dietitian.
- Working hours are normally regular but there may be occasional weekend and evening work.

### Getting In

- A good general education is useful including English and Maths.
- You can enter through a Modern Apprenticeship in Healthcare Support (Clinical) at SCQF Level 6.
- You may need to sit an entrance test.
- Previous experience in a paid or voluntary role in a healthcare setting would be an advantage.
- You will require a satisfactory criminal record check from Disclosure Scotland to show that you are suitable for this type of work. Contact [Disclosure Scotland](http://Disclosure.Scotland) for details on the type you would need.

### What Does It Take

You need to have:

- an understanding of basic nutrition
- good communication skills
- excellent listening skills

- the ability to work as part of a team
- patience and understanding
- good organisation skills
- the ability to stay calm when working under pressure.

## Training

- Training is on the job. You would work towards SVQ Healthcare Support (Clinical) at SCQF Level 6 or 7.
- Induction training includes an introduction to the department and its procedures, and how to use equipment.
- The British Dietetic Association (BDA) runs appropriate training courses on a variety of different subjects.

## Getting On

- You may also be encouraged to work towards further education qualifications, such as HNC Food Science and Technology (SCQF Level 7).
- You could study for a degree to work as a [Dietitian](#).

## Contacts

### **British Dietetic Association**

Tel: 0121 200 8080

Website: [www.bda.uk.com](http://www.bda.uk.com)

X: [@BDA\\_Dietitians](https://twitter.com/BDA_Dietitians)

Facebook: [www.facebook.com/BritishDieteticAssociation](https://www.facebook.com/BritishDieteticAssociation)

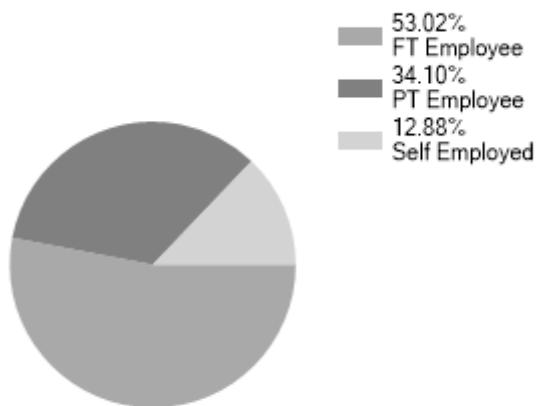
### **NHS Scotland Careers**

Website: [www.careers.nhs.scot](http://www.careers.nhs.scot)

Website (2): [jobs.scot.nhs.uk](http://jobs.scot.nhs.uk)

## Statistics

Employment Status UK %

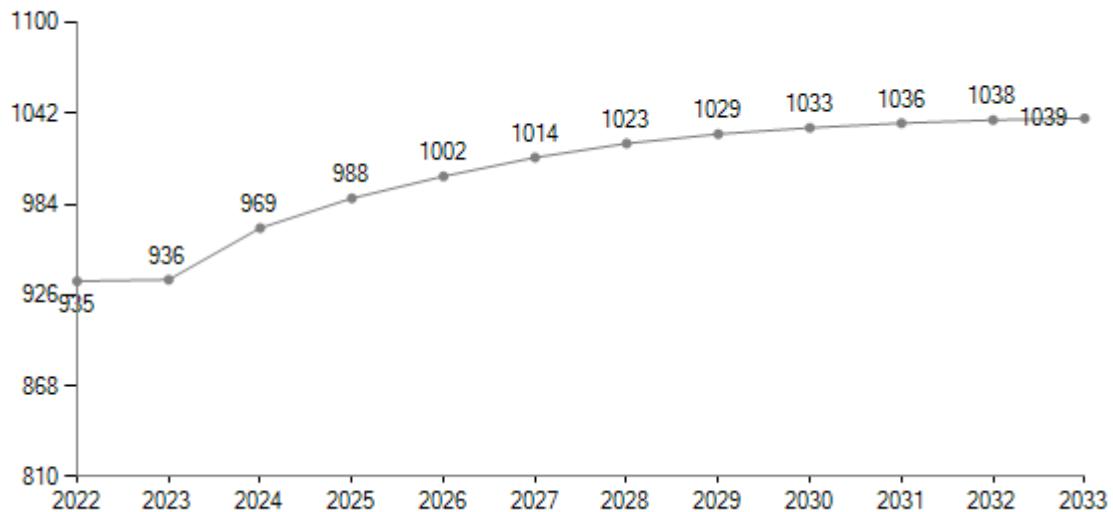


### Past Unemployment - Scotland

No Claimant statistics available for Scotland.

LMI data powered by [LMI for All](#)

Predicted Employment in Scotland



LMI data powered by [Lightcast](#)