

## Swimming Teacher

Swimming teachers help people of all ages and abilities to learn to swim, and improve their technique.

### The Work

You could be:

- teaching a group of individuals to swim
- giving one-to-one lessons
- planning a block of lessons to suit the correct level and standard for individuals or groups
- correcting a swimmer's technique and suggesting ways to improve
- teaching basic lifesaving skills
- assessing individuals and giving regular feedback
- doing administrative duties for class bookings and payment
- handing out certificates and badges for successful completion of a level.

### Pay

The figures below are only a guide. Actual pay rates may vary, depending on:

- where you work
- the size of the company or organisation you work for
- the demand for the job.

Most swimming teachers are paid an hourly rate. This can range from £10.00 to £15.00 an hour. Experienced teachers can earn more. Self-employed teachers can charge up to £30.00 an hour for private lessons.

### Conditions

- You would work at leisure centres, schools or private health clubs.
- A lot of work would be in the evenings or weekends.
- Part time work is common.
- You may have to travel around to different locations.

### Getting In

- You do not need formal qualifications from school.
- The first qualification you need is the STA (Swimming Teachers' Association) Level 2 Award in Teaching Swimming. You must be aged 16 or over.
- Scottish Swimming launched the new Scottish Swimming Teacher Qualification (SSTQ) on 1 April 2019. This is the new industry standard for those wishing to teach unsupervised.
- You will require a satisfactory criminal record check from Disclosure Scotland to show that you are suitable for this type of work. Contact Disclosure Scotland for details on the type you would need.

## What Does It Take

You need to be:

- patient and understanding
- energetic and enthusiastic
- able to motivate and encourage
- good at explaining things
- flexible and willing to travel around.

You need to have:

- excellent communication skills
- ability to organise your own workload
- a good understanding of health and safety procedures.

## Training

- After completing the STA Level 2 Award in Teaching Swimming (or equivalent qualification), you would be able to teach up to 12 non-swimmers through to improvers on your own.
- To be allowed to teach the full range of lessons up to advanced on your own, you must then complete the STA Level 2 Certificate in Teaching Swimming. You must be aged 16 or above. This qualification meets the CIMSPA employer-led Swimming Teacher Professional Standard.

## Getting On

- You may wish to do a specialised training courses, for example, teaching those with disabilities or baby and pre-school learners.
- You could take a Level 3 qualification with STA or UKCC.
- You could train as a swimming coach by completing the UKCC Level 2 or 3 in Coaching Swimming.
- You could become self-employed and offer private lessons or run your own swimming academy.
- To remain as an STA approved swimming teacher, you must keep your skills and knowledge up to date with continuous professional development (CPD).

## Contacts

### Royal Life Saving Society UK (RLSS)

Tel: 0300 3230 096

Email: [info@rlss.org.uk](mailto:info@rlss.org.uk)

Website: [www.lifesavers.org.uk](http://www.lifesavers.org.uk)

Twitter: @RLSSUK

Facebook: [www.facebook.com/RLSSUK](http://www.facebook.com/RLSSUK)

### Scottish Swimming

Tel: 01786 466520

Email: [info@scottishswimming.com](mailto:info@scottishswimming.com)

Website: [www.scottishswimming.com](http://www.scottishswimming.com)

Twitter: @ScottishSwim

Facebook: [www.facebook.com/ScottishSwimming](http://www.facebook.com/ScottishSwimming)

**Swimming Teachers' Association (STA)**

Tel: 07814 560602

Email: [stascotland@sta.co.uk](mailto:stascotland@sta.co.uk)

Website: [www.sta.co.uk](http://www.sta.co.uk)

Twitter: @STA\_HQ

Facebook: [www.facebook.com/stahealthleisurelife](http://www.facebook.com/stahealthleisurelife)

**UK Coaching**

Tel: 0113 274 4802

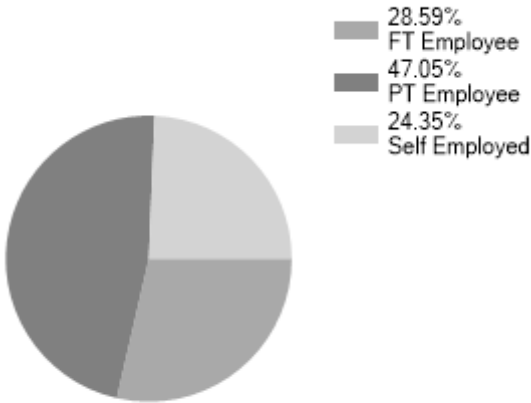
Website: [www.ukcoaching.org](http://www.ukcoaching.org)

Twitter: @\_UKCoaching

Facebook: [www.facebook.com/OfficialUKCoaching](http://www.facebook.com/OfficialUKCoaching)

Statistics

Employment Status UK %



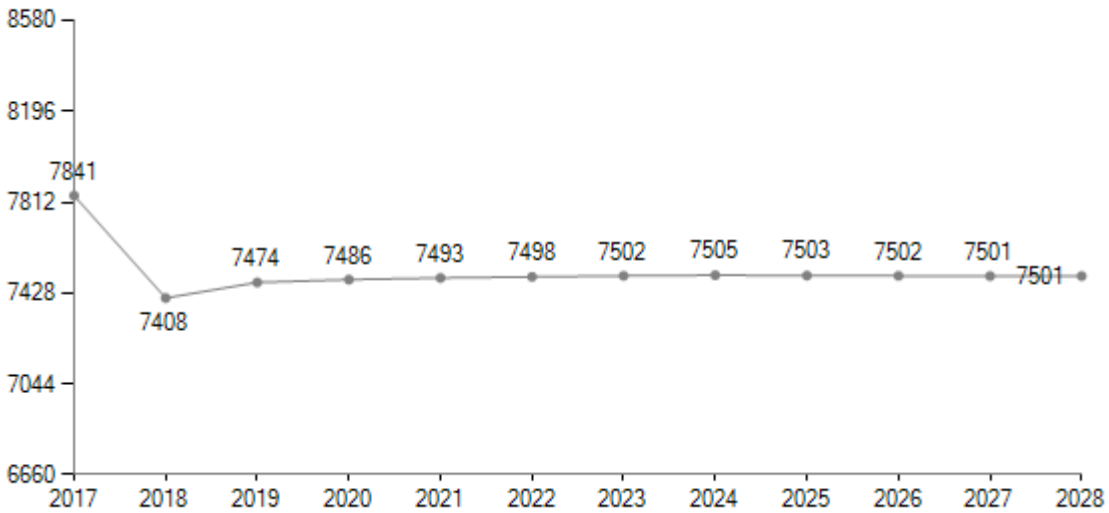
Past Unemployment - Scotland

Date	Unemployed
Dec 2018	0.05%

LMI data powered by [EMSI UK](#)

LMI data powered by [LMI for All](#)

Predicted Employment in Scotland



LMI data powered by [EMSI UK](#)