

## Occupational Therapy Support Worker

Occupational therapy support workers assist qualified occupational therapists with their daily duties. They work with the occupational therapists, helping people with physical or mental health problems to lead more independent lives.

### The Work

You could be:

- helping patients with domestic, social and work activities such as cooking, washing and dressing, shopping, travelling on buses or trains or using tools and equipment
- supporting patients while they do these activities, on their own or as part of a group
- visiting patients at home to assess their needs for special equipment
- helping patients to use equipment which would make things easier for them
- giving support to patients who have to change their lifestyle because of physical or mental health problems
- supporting patients to live independently in their own homes
- carrying out treatment plans under supervision
- keeping patient records up to date
- reporting progress to an occupational therapist.

### Pay

Pay rates can vary depending on whether you are working with the NHS, with a private practice, or are self-employed. Within the NHS Agenda for Change scales occupational therapy support workers are paid on Band 3, £29,061 to £31,364 a year.

Senior occupational therapy support workers are on Band 4, £31,492 to £34,254 a year.

The current pay scales are from April 2025.

### Conditions

- If you work for the National Health Service (NHS) you may work in a hospital, a care home or a clinic in the community.
- If you work for a local authority or voluntary organisation you may work in a day centre or visit patients at home.
- You may have to travel.
- Hours are usually regular, but you might sometimes need to do evening or weekend work.
- You would wear a uniform.

### Getting In

- A good general education is useful. National 4 English and Maths preferred.

- Suitable work experience, often voluntary, is useful.
- You might get in through a Modern Apprenticeship in Healthcare Support (Clinical) at SCQF Level 6.
- You could take a full time HNC in Occupational Therapy Support at Glasgow Clyde College before applying for a job. For entry to the course you need 2 Highers, preferably English and a science subject.
- You will require a satisfactory criminal record check from Disclosure Scotland to show that you are suitable for this type of work. Contact [Disclosure Scotland](#) for details on the type you would need.
- A driving licence is useful.

Most occupational therapy support workers work for the NHS. Entry is competitive.

## What Does It Take

You should be:

- practical, with a lot of common sense
- able to work with a wide range of people
- supportive and encouraging
- able to respond to patients' needs
- patient, caring and understanding – you may have to work with people who are upset
- able to keep accurate records
- able to work well in a team
- keen to help improve peoples' lives.

## Training

- Training is usually on the job, you would work alongside experienced support workers and complete a supervised programme of training.
- You could work towards the SVQ Healthcare Support (Clinical) at SCQF Level 7.
- You would be expected to complete some additional inhouse training including Infection Control, Risk Management, and Health and Safety.

## Getting On

- With experience, you may gain promotion to advanced occupational therapy support worker (assistant practitioner) or a supervisory post.
- Assistant practitioners may go on to complete an approved degree in occupational therapy to become an occupational therapist.

## Contacts

### NHS Scotland Careers

Website: [www.careers.nhs.scot](http://www.careers.nhs.scot)

Website (2): [jobs.scot.nhs.uk](http://jobs.scot.nhs.uk)

## Statistics

Employment Status : Not available this career.

### Past Unemployment - Scotland

No Claimant statistics available for Scotland.

Predicted Employment Statistics : Not available this career.