

Counselling

Glasgow Clyde College

Venues

Anniesland Campus

Content

If you're interested in a career in a caring profession like counselling, this course could give you the knowledge and skills you need to begin your journey. As well as being the first step towards becoming a counsellor, it could be relevant to anyone working in the wider areas of advice, guidance, health, social and community care.

You'll get the chance to explore psychological theories and a range of relationship-centred counselling skills, putting them into practice in simulated training situations. The course integrates theory, practice and personal reflection and covers areas such as humanistic, psychodynamic, and cognitive behavioural theories.

Subjects covered (including an Addiction Counselling Group Award*):

Personal development planning; Humanistic counselling theory; Loss, grief and bereavement in a counselling setting; Relationship-centred counselling skills; Understanding addictive behaviours*; Behavioural and cognitive counselling; Group counselling skills; Relationship-centred counselling skills; Working with addictive behaviours*; Psychodynamic counselling theory; Working with substance misuse*; Graded unit 1; Personal development in a counselling skills setting.

Start Date

August

Qualification

HNC

Study Method

Full time

Course Length

1 year

Department

Social Care and Counselling

Entry Requirements

2 Highers including English, or relevant national qualifications at SCQF Level 6. Relevant experience preferred.

You will require a satisfactory criminal record check from Disclosure Scotland to show that you are suitable for this type of course. Contact Disclosure Scotland for details on the type you would need.

SCQF Level

7

SCQF Points

«SCQFPoints»

Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

Address

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Website

www.glasgowclyde.ac.uk