

## Counselling

Glasgow Clyde College

### Venues

Anniesland Campus

### Content

This course is designed to provide the opportunity to further develop knowledge, skills and attitudes relevant to the theory and practice of working with people and counselling within an encouraging and supportive environment. The course is designed to integrate theory, practice, reflection and self development.

Subjects include: The Three Stage Integrative Model; Humanistic counselling approaches; Behavioural and cognitive counselling approaches; Psychodynamic counselling approaches; Understanding addictive behaviours; Working with addictive behaviours; Working with substance abuse; Group counselling skills; Theory loss, grief and bereavement; Graded unit.

Non-assessed practical experience within a helping agency or organisation that allows for the supervised practice of counselling skills is encouraged during the course.

### Start Date

August

### Qualification

HNC

### Study Method

Full time

### Course Length

1 year

### Department

Social Care and Counselling

### Entry Requirements

2 Highers, preferably including English, or NQ Social Care (Level 6) or other relevant national qualifications at SCQF Level 6, or a suitable psychology qualification. Interview.

### SCQF Level

7

## SCQF Points

«SCQFPoints»

## Progression Routes

The HNC can lead to work within an agency or organisation where counselling skills are required or progression to further study in psychology or counselling.

Candidates who successfully complete this course are offered the opportunity to apply for Higher National Diploma: Counselling.

## Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

## Address

690 Mosspark Drive  
Glasgow  
Glasgow City  
G52 3AY

## Website

[www.glasgowclyde.ac.uk](http://www.glasgowclyde.ac.uk)