

## Sport, Fitness and Management

Open University in Scotland

### Content

What makes a top-flight sports coach or fitness instructor? This certificate investigates the factors that contribute to success, and gives you an in-depth knowledge of how the sector works. Focusing on the needs of participants or clients, you'll explore training, nutrition, motivation, customer care and management principles – while increasing your current effectiveness and skills in these areas. As you study, you'll always come back to what matters most: applying theory to practice.

### Start Date

October

### Qualification

CertHE

### Study Method

Online learning

### Course Length

Flexible

### Faculty

General

### Department

Education, Childhood, Youth and Sport

### Entry Requirements

There are no formal entry requirements to study this qualification. Computer and internet access required.

### SCQF Level

7

### Progression Routes

«ProgressionRoutes»

### Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

## Address

10 Drumsheugh Gardens  
Edinburgh  
EH3 7QJ

## Website

[www.open.ac.uk/scotland/](http://www.open.ac.uk/scotland/)