

Sport, Fitness and Management

Open University in Scotland

Content

What makes a top-flight sports coach or fitness instructor? This certificate investigates the factors that contribute to success, and gives you an in-depth knowledge of how the sector works. Focusing on the needs of participants or clients, you'll explore training, nutrition, motivation, customer care and management principles – while increasing your current effectiveness and skills in these areas. As you study, you'll always come back to what matters most: applying theory to practice.

Start Date

October

Qualification

CertHE

Study Method

Distance and Flexible learning

Course Length

Flexible

Faculty

General

Department

Health and Wellbeing

Entry Requirements

There are no formal entry requirements to study this qualification. You do not need experience of working in the sector prior to starting your studies. But you'll find the modules and assignments much easier and more fulfilling if you can draw on employment experience (paid or unpaid) in the sector during your study.

Computer and internet access required.

SCQF Level

7

Progression Routes

«ProgressionRoutes»

Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

Address

Drumsheugh Gardens
Edinburgh
EH3 7QJ

Website

www.open.ac.uk/scotland/