Sport, Fitness and Management

Open University in Scotland

Content

What makes a top-flight sports coach or fitness instructor? This certificate investigates the factors that contribute to success, and gives you an in-depth knowledge of how the sector works. Focusing on the needs of participants or clients, you'll explore training, nutrition, motivation, customer care and management principles – while increasing your current effectiveness and skills in these areas. As you study, you'll always come back to what matters most: applying theory to practice.

Start Date

October

Qualification

CertHE

Study Method

Online learning

Course Length

Flexible

Faculty

General

Department

Education, Childhood, Youth and Sport

Entry Requirements

There are no formal entry requirements to study this qualification. Computer and internet access required.

SCQF Level

7

Progression Routes

«ProgressionRoutes»

Combination Courses

«htmlCombinationCourse» «htmlCombinationUCASCode»

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