

Coaching and Developing Sport

City of Glasgow College

Venues

City Campus

Content

This course introduces and develops the skills and knowledge you'll need for a career in sports coaching. Together we'll examine the principles of good coaching practice, as well as developing a wide range of practical and theoretical knowledge of games and sports. Work experience is included on HN programmes and you will also have the opportunity to qualify for Sports Coaching awards from national governing bodies.

You'll lead practical coaching sessions, in college and in schools. An Enhanced Disclosure Scotland check must be successfully completed before you coach young people in schools.

You'll study:

Sports Coaching Theory and Practice; Principles of Fitness Training; Anatomy Physiology and Energy Systems; Sports Mechanics; Events Management in Sport; Coaching of Sports Level One; Psychology of Sports Coaching.

Start Date

August

Qualification

HNC

Study Method

Full time

Course Length

1 year

Department

Sport and Fitness

Entry Requirements

2 Highers including English or another English based subject; or NQ Sports Coaching; or other relevant national qualifications at SCQF Level 6. Entry subject to interview.

You will require a satisfactory criminal record check from Disclosure Scotland to show that you are suitable for this type of course. Contact Disclosure Scotland for details on the type you would need.

SCQF Level

7

SCQF Points

«SCQFPoints»

Progression Routes

Year 1 or 2 of BSc (Hons) Sports Coaching at University of the West of Scotland; Year 1 or 2 of BA (Hons) Sports Development at University of the West of Scotland

Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

Address

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Website

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