

Sport and Physical Activity

University of Strathclyde

Content

The first two years cover core elements of sport and physical activity, including:

Physical activity for health; Sport and physical activity psychology; Coaching and sports development; Physiology; Nutrition; Sociology in sport and physical activity; Research methods for sport and physical activity.

Year 3 and 4 offer more flexibility. Students will take three compulsory classes each year covering topics such as data analytics, research methods and placement, and professional development. Additionally students choose three optional classes covering topics such as physical activity for special populations, physical education in schools, nutrition and sports practice.

Start Date

September

Qualification

Degree

Study Method

Full time

Award Title

BSc Hons

UCAS Code

CX63

Course Length

4 years

Faculty

Faculty of Humanities and Social Sciences

Department

Psychological Sciences and Health

Entry Requirements

2026 entry requirements

Standard entry:

4 Highers at AAAB (first sitting) or 5 Highers at AAAB (two sittings) including English and Maths or a science subject.

Widening access entry:

4 Highers at ABBB or AABC including English or another English based subject and Maths or a science subject at B.

A Foundation Apprenticeship is accepted in place of a non-essential Higher.

SCQF Level

10

Progression Routes

«ProgressionRoutes»

Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

Address

16 Richmond Street
Glasgow
Glasgow City
G1 1XQ

Website

www.strath.ac.uk