

## Sport and Physical Activity

University of Strathclyde

### Content

The first two years cover core elements of sport and physical activity, including:

Physical activity for health; Sport and physical activity psychology; Coaching and sports development; Physiology; Nutrition; Sociology in sport and physical activity; Research methods for sport and physical activity.

Year 3 and 4 offer more flexibility. Students will take three compulsory classes each year covering topics such as data analytics, research methods and placement, and professional development. Additionally students choose three optional classes covering topics such as physical activity for special populations, physical education in schools, nutrition and sports practice.

### Start Date

September

### Qualification

Degree

### Study Method

Full time

### Award Title

BSc Hons

### UCAS Code

CX63

### Course Length

4 years

### Faculty

Faculty of Humanities and Social Sciences

### Department

Psychological Sciences and Health

### Entry Requirements

2027 entry requirements

Standard entry:

4 Highers at AAAB (first sitting) or 5 Highers at AAAB (two sittings) including English and Maths or a science subject.

Widening access entry:

4 Highers at ABBB or AABC including English or another English based subject at B and Maths or a science subject at B.

A Foundation Apprenticeship is accepted in place of a non-essential Higher.

## SCQF Level

10

## Progression Routes

«ProgressionRoutes»

## Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

## Address

16 Richmond Street  
Glasgow  
Glasgow City  
G1 1XQ

## Website

[www.strath.ac.uk](http://www.strath.ac.uk)