

## Sport and Physical Activity

University of Strathclyde

### Content

Year 1:

You learn about the culture and context of sport and physical activity, physiology and biomechanics, sport and physical activity psychology.

Year 2:

Classes cover coaching practice and sport development, physiology of aerobic exercise and physical activity for health, fitness and wellbeing.

Year 3:

50-hour work placement and research project, choice of optional classes such as nutrition for health and exercise, biomechanics of human movement, physical education in schools and topics in sport and exercise psychology.

Year 4:

Dissertation, practical project option and optional classes as in Year 3.

### Start Date

September

### Qualification

Degree

### Study Method

Full time

### Award Title

BSc Hons

### UCAS Code

CX63

### Course Length

4 years

### Faculty

Faculty of Humanities and Social Sciences

## Department

Psychological Sciences and Health

## Entry Requirements

2023 entry requirements

Standard entry:

4 Highers at AAAB (first sitting) or 5 Highers at AAAB (two sittings) including English and Maths or a science subject plus National 5 Maths (if not held at Higher) or Applications of Maths.

Widening access entry:

4 Highers at ABBB or AABC including English and Maths or a science subject at B plus National 5 Maths (if not held at Higher) or Applications of Maths.

## SCQF Level

10

## Progression Routes

«ProgressionRoutes»

## Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

## Address

16 Richmond Street  
Glasgow  
Glasgow City  
G1 1XQ

## Website

[www.strath.ac.uk](http://www.strath.ac.uk)