

Food, Nutrition and Human Health

Robert Gordon University

Content

Year 1:

Food Analysis; Biomolecular Science; Applied Microbiology; Biology for Life Sciences; Chemistry for Life Sciences; Food, Energy and Nutrient; International Nutrition and Culture.

Year 2:

Metabolism; Food Product Development; Nutrition Through the Life Span; Human Anatomy and Physiology; Assessment of Nutritional Status; Food Science and Management Systems.

Year 3:

Diet and Disease; Sports Nutrition; Public Health Nutrition; Introduction to Research; Professional Skills for Nutritionists; Obesity and Type 2 Diabetes Mellitus; Nutrigenetics and Molecular Nutrition; Plant Foods, Phytochemicals and Health.

Year 4:

Nutrition Placement; Research Project; Gut Microbiome, Diet and Health; Systematic Literature Review in Nutrition.

Placement

A 12 week, full-time placement in year 4 will give you the opportunity to use your skills and gain confidence in the workplace. You may work alongside a Nutritionist in research, the food industry, in a public health or government agency. You may choose to undertake your work experience in the United Kingdom or abroad.

Start Date

September

Qualification

Degree

Study Method

Full time

Award Title

BSc Hons

UCAS Code

B400

Course Length

4 years

Department

School of Pharmacy and Life Sciences

Entry Requirements

2022 entry requirements:

4 Highers at BBCC (BCC or CCCC for widening access entry) including Biology or Chemistry and another science subject (may include Maths, Environmental Science or Health and Food Technology) plus English, Maths, Biology and Chemistry at National 5 at B (if not held at Higher).

SCQF Level

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