

Applied Sport and Exercise Science

Robert Gordon University

Content

This course is based on the sciences that underpin human performance in a variety of areas from competitive sport to general health.

The course is taught by staff with a wide range of teaching, professional and research experience.

The course is currently mapped to National Occupational Standards for Exercise and Fitness which assures employers that graduates have the skills that are essential for effective engagement with the exercise industry. Individual modules have been developed which professionally prepare students in line with the vocational qualifications endorsed by the Register of Exercise Professionals.

Basic disciplines studied include anatomy and physiology, biomechanics and sports psychology. More advanced modules which draw on the interaction of the basic disciplines feature later in the curriculum.

Start Date

September

Qualification

Degree

Study Method

Full time

Award Title

BSc Hons

UCAS Code

C600

Course Length

4 years

Department

School of Health

Entry Requirements

2027 entry requirements

Standard entry:

4 Highers at BBBB including English or another English based subject and 2 from Maths, Biology (or Human Biology), Chemistry and Physics plus English and Maths at National 5 at B (if not held at Higher).

Widening access entry:

3 Highers at BBC including English or another English based subject and 2 from Maths, Biology (or Human Biology), Chemistry and Physics plus English and Maths at National 5 at B (if not held at Higher).

All shortlisted applicants are invited to attend a selection visit prior to an offer of a place on the course being made. The selection process includes evaluation of your professional suitability and communication skills.

You will require a satisfactory criminal record check from Disclosure Scotland to show that you are suitable for this type of course. Contact Disclosure Scotland for details on the type you would need.

SCQF Level

10

Progression Routes

«ProgressionRoutes»

Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

Address

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Garthdee Road
Aberdeen
AB10 7QB

Website

www.rgu.ac.uk