

## Wellness Therapies

Ayrshire College

### Venues

Kilwinning Campus

### Content

This course offers a great introduction to holistic therapies, helping you to develop a toolkit to promote health and wellbeing. With the emphasis on practical skills, you'll spend a lot of time training in our own commercial salons, providing treatments to external clients. You'll also cover several theory aspects, to give you essential knowledge and understanding.

Subjects include: Healthy eating and wellbeing; Massage; Managing stress; Natural products; Investigation; First Aid.

### Start Date

August

### Qualification

Other

### Study Method

Full time

### Course Length

1 year

### Department

Hair, Beauty, Complementary Therapies and Make-Up Artistry

### Entry Requirements

4 subjects at National 5, or relevant national qualifications at SCQF Level 5. Entry subject to interview.

### SCQF Level

6

### SCQF Points

«SCQFPoints»

## Progression Routes

HNC Complementary Therapies

## Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

## Address

Dam Park  
Ayr  
KA8 0EU

## Website

[www1.ayrshire.ac.uk](http://www1.ayrshire.ac.uk)