

## Physiology, Sports Science and Nutrition

University of Glasgow

### Venues

Gilmorehill Campus

### Content

Year 1: In your first year you will be given a general introduction to all aspects of modern biology and encouraged to acquire general scientific skills.

You will also study two other subjects in year 1 according to your interests: see Degrees in Arts, Science and Social Sciences.

Year 2: In second year, you will be introduced to the study of human physiology, human anatomy, pharmacology and neuroscience. You will also be able to choose from a wide range of other courses.

You will also study one or two other subjects in year 2 according to your interests: see Degrees in Arts, Science and Social Sciences.

Years 3 and 4: If you progress to Honours, in third year you will study the physiological adaptations to exercise, nutrition and energetics, focusing on the cardio-respiratory and skeletomuscular systems; complete specialist courses in statistics and molecular biology techniques.

In fourth year, you will specialise in nutrition, and sports and exercise nutrition. We would emphasise that the programme is primarily aimed at producing good nutritionists. In our view, the most able sports nutritionists are those with the best grounding in the subject of nutrition.

### Start Date

September

### Qualification

Degree

### Study Method

Full time

### Award Title

BSc Hons

### UCAS Code

BC46

## Course Length

4 years

## Faculty

College of Medical, Veterinary and Life Sciences

## Department

Life Sciences

## Entry Requirements

2021 entry requirements

Standard entry: 5 Highers at AAAAA (by end S6 with min ABBB after S5) including including Biology or Chemistry and another science subject.

Widening access entry: 4 Highers at AABB/BBBB (by end S6) including Biology or Chemistry and another science subject. Completion of pre-entry programme is necessary.

## SCQF Level

10

## Address

Glasgow  
G12 8QQ

## Website

[www.gla.ac.uk](http://www.gla.ac.uk)