Sport and Exercise Science

University of Glasgow

Venues

Gilmorehill Campus

Content

Year 1: In your first year you will be given a general introduction to all aspects of modern biology and encouraged to acquire general scientific skills.

You will also study two other subjects in year 1 according to your interests: see Degrees in Arts, Science and Social Sciences.

Year 2: You will develop your knowledge of fundamental aspects of biology and be introduced to specialist subject areas according to your interests. You will also be able to choose from a wide range of other courses.

You will also study one or two other subjects in year 2 according to your interests: see Degrees in Arts, Science and Social Sciences.

Years 3 and 4: If you progress to Honours (years 3 and 4), you will be able to study exercise and sport physiology, biochemistry, nutrition and psychology, and you will become expert in understanding elite performance, causes and management of injury, and the interactions of diet, physical activity and genetics with public health.

You will learn the theoretical basis of physiological regulation and adaptations to exercise, nutrition and energetics, psychological aspects of sport and exercise and, at the same time, learn hands-on about specialist exercise and sport testing and monitoring methodology, and physical activity and exercise counselling techniques for behaviour change.

Start Date

September

Qualification

Degree

Study Method

Full time

Award Title

BSc Hons

UCAS Code

BC16

Course Length

4 years

Faculty

College of Medical, Veterinary and Life Sciences

Department

School of Cardiovascular and Metabolic Health

Entry Requirements

2027 entry requirements
Standard entry: 5 Highers at AAAAA (by end S6 with min ABBB after S5) including Biology or Chemistry (1 at A).

Entry to year 2 may be possible with 3 Advanced Highers at AAA including Biology and Chemistry plus Highers at ABBB.

Widening access entry: 4 Highers at AABB/BBBB (by end S6) including Biology or Chemistry. Completion of pre-entry programme is necessary.

SCQF Level

10

Progression Routes

«ProgressionRoutes»

Combination Courses

«htmlCombinationCourse» «htmlCombinationUCASCode»

Address

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Website

www.gla.ac.uk