Sports Coaching and Development

North East Scotland College

Venues

Fraserburgh Campus

Content

Gain the knowledge, skills, and qualifications to work as a professional in the sports industry across multiple contexts. Whether you dream of coaching, development, or fitness leadership, this course sets you up for success.

You'll explore a wide range of practical and theoretical subjects designed to build your expertise as a sports coach and practitioner, including:
Knowing Yourself; Knowing Coaching; Knowing Others; Sports Development; Graded Unit; Inclusive Sport and Physical Activity; Strength and Conditioning; Prevention and Rehabilitation of Sports Injuries; Human Anatomy, Physiology and Biomechanics in Sport.

Start Date

August

Qualification

HNC

Study Method

Full time

Course Length

1 year

Department

Sport, Fitness and Uniformed Services

Entry Requirements

Higher Physical Education and another relevant subject; or relevant national qualifications at SCQF Level 6.

SCQF Level

7

SCQF Points

«SCQFPoints»

Progression Routes

Degree level study in Sports Studies, Sports Science, Sports Medicine, Community Sport and Sport Therapy

Combination Courses

«htmlCombinationCourse» «htmlCombinationUCASCode»

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Website

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