Sports Coaching (Level 6)

West Lothian College

Content

The course is a combination of practical based units across a range of sports and theory which supports different elements of coaching.

When you complete the course, you'll earn a National Progression Award (NPA) at Level 6. This qualification is your launchpad to the future, giving you the skills, knowledge, and confidence to take your next big step forward.

On this course, you'll learn essential coaching skills, starting with understanding yourself, others, and the fundamentals of coaching.

You'll develop self-awareness to manage your roles and responsibilities as a coach, even under minimal supervision.

You'll also gain practical skills, like preparing safe physical environments and equipment, addressing participants' needs, and working effectively within a coaching team.

Start Date

August

Qualification

Other

Study Method

Full time

Course Length

1 year

Department

Sport and Fitness

Entry Requirements

3 subjects at National 5 including English. Entry by interview, written test and fitness test.

You will require a satisfactory criminal record check from Disclosure Scotland to show that you are suitable for this type of course. Contact Disclosure Scotland for details on the type you would need.

SCQF Level

6

SCQF Points

«SCQFPoints»

Progression Routes

HNC Coaching and Developing Sport

Combination Courses

«htmlCombinationCourse» «htmlCombinationUCASCode»

Address

Almondvale Crescent
Livingston
West Lothian
EH54 7EP

Website

www.west-lothian.ac.uk