Sports Coaching and Development

New College Lanarkshire

Venues

Broadwood Campus
Motherwell Campus

Content

This course deepens the knowledge and widens the experience gained during HNC-level study. It offers an in-depth analysis of research in sport, a thorough understanding of sports development along with the opportunity to refine and apply coaching skills in context. Partnership links with schools, local community groups and external agencies ensure you gain “real life” practical coaching experiences.

The course involves study of Knowing Coaching 2, Knowing Others 2, Knowing Coaching 2, Sports Development 2, Applied Psychology in Sport and Exercise Performance, Current Exercise Trends, Strength and Conditioning for Sports Performance, Coaching and Developing Sport: Graded Unit 2. Optional units may vary across campuses.

As part of an on-going learning process, work is assessed throughout the year and assessments may be in the form of assignments, project work, case studies, oral presentations, open and closed book assessments and tutor observations of practical performance.

Start Date

August

Qualification

HND

Study Method

Full time

Course Length

1 year

Department

Sports and Physical Activity

Entry Requirements

HNC Sports Coaching and Development. Interview.

You will require a satisfactory criminal record check from Disclosure Scotland to show that you are suitable for this type of course. Contact Disclosure Scotland for details on the type you would need.

SCQF Level

8

Progression Routes

«ProgressionRoutes»

Combination Courses

«htmlCombinationCourse» «htmlCombinationUCASCode»

Address

Town Centre
Cumbernauld
North Lanarkshire
G67 1HU

Website

www.nclanarkshire.ac.uk