

## Skills for Life and Learning

West Lothian College

### Content

Are you a ready to leave school and you would like to come to college? Would you like to learn to become more independent in a fun and supportive environment?

If you had extra help at school and you would like to carry on learning, then this will be a good stepping stone for you. It's perfect for you if you enjoy learning and taking part in creative projects, learning about health and fitness and working with others.

In this course, you'll work in small groups to complete fun tasks and projects with other students from the college. You'll get to:

Build practical skills like crafting, or using technology to support projects like the Winter Fayre;  
Learn about health and wellbeing to stay happy and healthy; Make new friends and understand how to build positive relationships; Explore job skills to help you think about future careers.

### Start Date

August

### Qualification

Other

### Study Method

Full time

### Course Length

1 year

### Department

Assisted Programmes

### Entry Requirements

No formal entry requirements; interview

### SCQF Level

3

## SCQF Points

«SCQFPoints»

## Progression Routes

Further study

## Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

## Address

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Livingston  
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## Website

www.west-lothian.ac.uk