

## Football Performance (Level 4)

Glasgow Clyde College

### Venues

Cardonald Campus

### Content

Do you want to improve your footballing skills and fitness levels? This course provides an excellent opportunity for those with a passion for football. This course will develop your footballing skills, develop and explore your fitness potential as well as increase your qualifications and employment prospects. This course can lead to a higher level of study, a rewarding career in coaching, and sports facility roles.

Units can include:

Sporting activity; Playing within a team, including competitive games against other courses, campuses and colleges; Resistance training; Circuit training; Coaching in the game; Leadership activities.

### Start Date

August

### Qualification

NQ

### Study Method

Full time

### Course Length

18 weeks

### Department

Sport and Fitness

### Entry Requirements

There are no formal entry requirements but you must have a current and active interest in football and football fitness activities.

You will require a satisfactory criminal record check from Disclosure Scotland to show that you are suitable for this type of course. Contact Disclosure Scotland for details on the type you would need.

### SCQF Level

4

## SCQF Points

«SCQFPoints»

## Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

## Address

«Address»

## Website

www.glasgowclyde.ac.uk