

Strength and Conditioning

University of Edinburgh

Venues

Holyrood Campus

Content

Strength and Conditioning is a popular area within sport science, predominantly from within the discipline of physiology, often requiring knowledge of inter-disciplinary applied sport science and coaching.

The primary focus of this programme is sporting performance. However, the application of strength and conditioning principles to diverse areas including exercise, pre- and rehabilitation, youth and ageing populations, and other specific and clinical populations is becoming more commonplace. By joining this degree, you will have the opportunity to study the application of these principles in your core and option courses, and see how they are reflected in a range of practical contexts through a voluntary internship or placement.

You can exit after 1 - 4 years with PgDip Strength and Conditioning.

Start Date

September

Qualification

Postgraduate Master's

Study Method

Part time (day)

Award Title

MSc

Course Length

2 - 6 years

Faculty

College of Arts, Humanities and Social Sciences

Department

Moray House School of Education

Entry Requirements

A UK 2:1 honours degree, or its international equivalent, in a sport and exercise science subject area.

Your application may also be considered if you have other academic or professional qualifications or considerable relevant experience.

SCQF Level

11

Progression Routes

«ProgressionRoutes»

Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

Address

Old College
South Bridge
Edinburgh
City of Edinburgh
EH8 9YL

Website

www.ed.ac.uk