

# Introduction to Psychology and Counselling

South Lanarkshire College

## Content

This introductory course is a stepping stone towards a higher-level course in counselling or psychology. It is aimed at those wanting a career in this sector. The course introduces you to psychological theories and approaches, and basic counselling skills.

You'll learn the theoretical concepts, skills and approaches to counselling and develop a working knowledge of counselling ethics and boundaries. You'll learn through groupwork, lectures and guest speakers.

## Start Date

August

## Qualification

Other

## Study Method

Part time (evening)

## Course Length

12 weeks

## Department

Counselling

## Entry Requirements

No formal entry requirements. Informal interview.

## SCQF Level

5

## SCQF Points

«SCQFPoints»

## Progression Routes

HNC Counselling

## Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

## Address

College Way  
East Kilbride  
G75 0NE

## Website

[www.slc.ac.uk](http://www.slc.ac.uk)