Introduction to Psychology and Counselling

South Lanarkshire College

Content

This introductory course is a stepping stone towards a higher-level course in counselling or psychology. It is aimed at those wanting a career in this sector. The course introduces you to psychological theories and approaches, and basic counselling skills.

You'll learn the theoretical concepts, skills and approaches to counselling and develop a working knowledge of counselling ethics and boundaries. You'll learn through groupwork, lectures and guest speakers.

Start Date

August

Qualification

Other

Study Method

Part time (evening)

Course Length

12 weeks

Department

Counselling

Entry Requirements

No formal entry requirements. Informal interview.

SCQF Level

5

SCQF Points

«SCQFPoints»

Progression Routes

HNC Couselling

Combination Courses

«htmlCombinationCourse» «htmlCombinationUCASCode»

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Website

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