

Advanced Sport and Fitness (Level 6)

Glasgow Kelvin College

Venues

Springburn Campus

Content

This course is a blend of both theory-based and practical skills. Your ability to plan and coach fitness and sporting sessions will be developed throughout this course.

Course content may include:

Playing and competing in sporting games; Circuit Training; Working on Personal Fitness; Anatomy; First aid; Football; Skills for employment; and, Nutrition.

Start Date

August

Qualification

NQ

Study Method

Full time

Course Length

1 year

Department

Sport, Fitness and Adventure Sports

Entry Requirements

4 subjects at National 5 including an English based subject. Or relevant national qualifications at SCQF Level 5.

You will require a satisfactory criminal record check from Disclosure Scotland to show that you are suitable for this type of course. Contact Disclosure Scotland for details on the type you would need.

SCQF Level

6

SCQF Points

«SCQFPoints»

Progression Routes

Relevant HNC

Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

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Website

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