

Adventure Sports: Coaching and Development

Glasgow Kelvin College

Venues

Springburn Campus

Content

Adventure sports coaching is at the heart of the UK's dynamic and fast-growing sports industry. If you have a passion for the outdoors and inspiring others, this course will equip you with the skills, knowledge, and experience to thrive in a thrilling career as an outdoor instructor.

This qualification opens doors to coaching opportunities across a range of adventure sports. As part of the course, you'll earn an industry-recognised PDA in Sports Coaching, jointly certificated with sportscotland and CIMSPA—boosting your credentials and employability.

Year 1:

Sports Development 1; Anatomy, Physiology and Biomechanics in Sport; Sports Coaching: Developing Professional Practice; Sports Coaching: Knowing Yourself; Sports Coaching: Knowing Others; Sports Coaching: Knowing Coaching; Graded Unit 1; Psychology of Sport and Exercise; Outdoor Activities Provision; Personal Development Planning; Safe Practice; Work Placement – this can be with your own sports club.

Year 2:

Sports Development 2; Sports Coaching: Knowing Yourself 2; Sports Coaching: Knowing Others 2; Sports Coaching: Knowing Coaching 2; Applied Psychology; Graded Unit 2; Physical Prep for Sports; Skills in outdoor activities; Inclusive Sport.

Start Date

August

Qualification

HND

Study Method

Full time

Course Length

2 years

Department

Sport, Fitness and Adventure Sports

Entry Requirements

2 Highers including an English based subject; or relevant national qualifications at SCQF Level 6. Interview and fitness test.

You will require a satisfactory criminal record check from Disclosure Scotland to show that you are suitable for this type of course. Contact Disclosure Scotland for details on the type you would need.

SCQF Level

8

SCQF Points

«SCQFPoints»

Progression Routes

Degree level study; employment

Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

Address

123 Flemington Street
Glasgow
G21 4TD

Website

www.glasgowkelvin.ac.uk