

Personal Training Level 3 Diploma (YMCA)

Edinburgh College

Venues

Granton Campus

Content

The YMCA Level 3 Diploma in Personal Training is a nationally recognised CIMSPA-endorsed qualification. This qualification offers knowledge and understanding of one-to-one training, baseline assessment, nutritional advice and progressive programming which is specific to the individual needs of a client.

If you are currently accredited at Level 2 with a Certificate in Gym Instructing or equivalent, then this course is the next step for you.

Start Date

January

Qualification

Other

Study Method

Full time

Course Length

20 weeks

Department

Sport and Fitness

Entry Requirements

Gym Instructing Level 2 Certificate (YMCA). Interview.

SCQF Level

6

Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

Address

«Address»

Website

www.edinburghcollege.ac.uk