

Gym Based Exercise (Level 2 Certificate)

Edinburgh College

Venues

Granton Campus
Sighthill Campus

Content

The Level 2 Certificate in Gym-Based Exercise is a nationally recognised qualification endorsed by the Chartered Institute for the Management of Sport and Physical Activity (CIMSPA). It will help you develop the practical skills you need to become a fully qualified Gym Instructor. Delivered over 18 weeks, this course provides an option to exit in January as a Gym Instructor, or you can continue to further your studies in Personal Training, Fitness, Health and Exercise or Sports Therapy.

As a CIMSPA-endorsed qualification, students on this course will join CIMSPA as a 'Student Member' for free. Student membership will introduce you to the sector's chartered professional body and support you in developing your skills and employability, ready for a smooth transition into the workplace.

Start Date

August

Qualification

Other

Study Method

Full time

Course Length

18 weeks

Department

Sport and Fitness

Entry Requirements

1 relevant Higher plus 3 subjects at National 5 preferably including English and a science subject.

SCQF Level

5

Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

Address

«Address»

Website

www.edinburghcollege.ac.uk