

# Counselling

**UHI Moray** 

#### **Venues**

Main campus
Virtual Learning Environment (VLE)

#### Content

This HNC Counselling is designed to appeal not only to those who wish to progress and eventually qualify as a counsellor, but also to those practicing in any sector that would benefit from the range of skills employed in a helping/supporting relationship, for example: community work; social care; education; criminal justice; health services; and voluntary work.

The course integrates theory, skills practice, reflection, and self-development. There is a strong emphasis on personal development and there will be work relating to reflective skills, self-awareness, assertiveness, and dealing with challenges. The HNC doesn't qualify you to practice counselling but is the ideal stepping stone if you wish to proceed onto this career path.

Core modules include:

Cognitive and behavioural counselling theory; Humanistic counselling theory; Loss, grief and bereavement; Psychodynamic counselling theory; Relationship-centred counselling; Understanding addictive behaviours; Work placement (this is a taster placement, you will not deliver counselling at this stage).

#### **Start Date**

September

### Qualification

 ${\sf HNC}$ 

## **Study Method**

Part time (day)

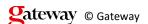
### **Course Length**

2 years

# **Department**

Health and Wellbeing

### **Entry Requirements**





Counselling qualification at SCQF Level 6.

You will require a satisfactory criminal record check from Disclosure Scotland to show that you are suitable for this type of course. Contact Disclosure Scotland for details on the type you would need.

# **SCQF Level**

7

# **Progression Routes**

 ${\it ``ProgressionRoutes"}$ 

### **Combination Courses**

«htmlCombinationCourse»

«htmlCombinationUCASCode»

### **Address**

Moray Street Elgin Moray IV30 1JJ

#### Website

www.moray.uhi.ac.uk/

