

Counselling

University of the Highlands and Islands (UHI)

Venues

UHI Inverness
 UHI Moray
 UHI Orkney
 UHI Perth
 UHI Shetland
 Virtual Learning Environment (VLE)

Content

This HNC Counselling is designed to appeal not only to those who wish to progress and eventually qualify as a counsellor, but also to those practicing in any sector that would benefit from the range of skills employed in a helping/supporting relationship, for example: community work; social care; education; criminal justice; health services; and voluntary work.

The course integrates theory, skills practice, reflection, and self-development. There is a strong emphasis on personal development and there will be work relating to reflective skills, self-awareness, assertiveness, and dealing with challenges. The HNC doesn't qualify you to practice counselling but is the ideal stepping stone if you wish to proceed onto this career path.

Core modules include:

Cognitive and behavioural counselling theory; Humanistic counselling theory; Loss, grief and bereavement; Psychodynamic counselling theory; Relationship-centred counselling; Understanding addictive behaviours; Work placement (this is a taster placement, you will not deliver counselling at this stage).

Start Date

September

Qualification

HNC

Study Method

Part time (day)

Course Length

2 years

Department

Health and Wellbeing

Entry Requirements

Counselling qualification at SCQF Level 6.

You will require a satisfactory criminal record check from Disclosure Scotland to show that you are suitable for this type of course. Contact Disclosure Scotland for details on the type you would need.

SCQF Level

7

SCQF Points

«SCQFPoints»

Progression Routes

HND Counselling

Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

Address

UHI House
Old Perth Road
Inverness
IV2 3JH

Website

www.uhi.ac.uk