

## Psychology with Health Sciences

Abertay University

### Content

Study the behaviours and actions surrounding the psychology involved in diet, wellbeing and health on this accredited Psychology with Health Sciences degree.

You'll explore how to create positive psychological change, such as working with people to develop healthier habits around food and exercise. At the same time you'll learn ways to support people who are living with chronic illnesses and how to improve healthcare systems/processes. You'll graduate with a clear understanding of the relationship between diet, energy, and health, which is useful when helping people make beneficial lifestyle changes.

### Start Date

September

### Qualification

Degree

### Study Method

Full time

### Award Title

BSc Hons

### UCAS Code

C848

### Course Length

4 years

### Faculty

Faculty of Social and Applied Sciences

### Department

Sociological and Psychological Sciences

### Entry Requirements

2026 entry requirements

Standard entry: 4 Highers at BBBC plus English and Maths at National 5 (Applications of Maths at B accepted).

Widening access entry: 3 Highers at BBC plus English and Maths at National 5 (Applications of Maths at B accepted).

For entry to second year, you must have 3 Advanced Highers at AAB including one from English, Maths, Biology, Chemistry, History, Modern Studies or Physics.

## SCQF Level

10

## Progression Routes

«ProgressionRoutes»

## Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

## Address

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Dundee  
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## Website

www.abertay.ac.uk