Physical Activity and Health

Abertay University

Content

Join this growing industry as a well-qualified physical activity specialist.

This practical, hands-on degree gives you the expertise and knowledge you need to make a positive impact on individual and community health. You'll cover physiology, psychology and sociology, and explore how to improve the health and wellbeing of the general population. You'll work on client consultations and use field-based fitness tests to develop your hands-on skills.

Work placements and internships are built in. This means you can try out different work options while you study and discover where your interests lie. You'll graduate with a strong skillset, sought after physical activity and health practitioner.

Start Date

September

Qualification

Degree

Study Method

Full time

Award Title

BSc Hons

UCAS Code

C601

Course Length

4 years

Faculty

Faculty of Social and Applied Sciences

Department

Health, Sport and Wellbeing

Entry Requirements

2027 entry requirements

Standard entry: 4 Highers at BBBC including 1 from Maths, Biology, Chemistry, Physical Education or Physics plus English and Maths or Applications of Maths at National 5.

Widening access entry: 3 Highers at BBC including 1 from Maths, Biology, Chemistry, Physical Education or Physics plus English and Maths or Applications of Maths at National 5.

For entry to second year, you must have 3 Advanced Highers at ABB including Biology, Chemistry or Physics and Physical Education.

SCQF Level

10

Progression Routes

«ProgressionRoutes»

Combination Courses

«htmlCombinationCourse» «htmlCombinationUCASCode»

Address

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Website

www.abertay.ac.uk