

# **Psychology and Understanding Mental Health (Level 6)**

New College Lanarkshire

#### **Venues**

Cumbernauld Campus Motherwell Campus

#### **Content**

Mental health awareness is now recognised as a key issue in contemporary society. This innovative new NQ programme is designed to equip you with an enhanced understanding of the matter, as well as a strong underpinning knowledge of Psychology. The course is likely to appeal to those with a general interest in Psychology and also in how we can facilitate our understanding of mental health issues to improve wellbeing.

The programme will explore a number of key areas with regard to Psychology and various aspects of mental health.

Subjects will include:

Understanding of Mental Health and Mental Illness; Psychology: Individual Behaviour; Stress and Stress Management; Psychology: Social Behaviour; Understanding Loss and Grief; Care: Value and Principles; Psychology: Research; Clinical Psychology: The Individual and Mental Health; Human Development and Behaviour; Social Influences; Sociology: Human Society; Communication and Literature.

#### **Start Date**

August

### Qualification

NQ

### **Study Method**

Full time

### **Course Length**

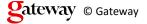
36 weeks

## **Department**

**Humanities and Social Sciences** 

### **Entry Requirements**

3 subjects at National 5; or Health and Social Care Certificate (Level 5); or other relevant national qualifications at SCQF Level





5.

# **SCQF Level**

6

## **SCQF Points**

«SCQFPoints»

## **Progression Routes**

**HNC Social Sciences** 

## **Combination Courses**

«htmlCombinationCourse»

«htmlCombinationUCASCode»

## **Address**

Town Centre Cumbernauld North Lanarkshire G67 1HU

## Website

www.nclanarkshire.ac.uk

