Psychology and Understanding Mental Health (Level 6)

New College Lanarkshire

Venues

Cumbernauld Campus
Motherwell Campus

Content

Mental health awareness is now recognised as a key issue in contemporary society. This innovative new NQ programme is designed to equip you with an enhanced understanding of the matter, as well as a strong underpinning knowledge of Psychology. The course is likely to appeal to those with a general interest in Psychology and also in how we can facilitate our understanding of mental health issues to improve wellbeing.

The programme will explore a number of key areas with regard to Psychology and various aspects of mental health.

Subjects will include:

Understanding of Mental Health and Mental Illness; Psychology: Individual Behaviour; Stress and Stress Management; Psychology: Social Behaviour; Understanding Loss and Grief; Psychology: Research; Clinical Psychology: The Individual and Mental Health; Human Development and Behaviour; Social Influences; Sociology: Human Society; Communication.

Start Date

August

Qualification

NQ

Study Method

Full time

Course Length

1 year

Department

Humanities

Entry Requirements

3 relevant subjects at National 5, or Health and Social Care Certificate (Level 5), or other relevant national qualifications at

SCQF Level 5.

SCQF Level

6

SCQF Points

«SCQFPoints»

Progression Routes

HNC Social Sciences

Combination Courses

«htmlCombinationCourse» «htmlCombinationUCASCode»

Address

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Website

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