

BASE Development Player Programme: Rugby

Borders College

Venues

Scottish Borders Campus

Content

Borders Academy of Sporting Excellence (BASE) supports sports performers to develop their individual skills and sports performance alongside their academic studies.

The course has some common elements with other SCQF Level 6 Sports & Exercise courses but is built around a National Progression Award (NPA) in Achieving Excellence in Sport, covering: Analysis of performance; Behaviours of Elite Athletes; and Performance Improvement Programmes.

This is a full-time course, with 3 days per week in college that includes specialised strength and conditioning sessions alongside expert tuition that is delivered in Partnership with Scottish Rugby's Pathway programme.

This is an excellent opportunity for any aspiring Rugby Players to combine Academic study with their Rugby development.

Start Date

August

Qualification

Other

Study Method

Full time

Course Length

36 weeks

Department

Sports and Exercise

Entry Requirements

2 subjects at National 5, preferably English and Physical Education. Interview. Practical assessment.

SCQF Level

6

SCQF Points

«SCQFPoints»

Progression Routes

HNC Coaching and Developing Sport

Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

Address

Nether Road
Galashiels
The Scottish Borders
TD1 3HE

Website

www.borderscollege.ac.uk