Mental Health Peer Support (PDA)

University of the Highlands and Islands (UHI)

Venues

UHI Inverness
Virtual Learning Environment (VLE)

Content

Peer support workers in the mental health sector, often now acknowledged as ‘experts by experience’, offer a unique insight and understanding that can only be gained through having been there yourself.

This course has been specifically developed to equip students with the learning and values necessary to utilise their own experiences to support others recovering from mental illness.

The PDA consists of two mandatory units.

Recovery Context which includes the following outcomes:
Define and understand peer support and its role in recovery; Describe and explain the key concepts of formalised peer support

Developing Practice, outcomes include:
Apply a range of theories and concepts in the peer support role; Develop relationships based on peer support principles; Understand perspectives of the work role.

Start Date

September, January

Qualification

Other

Study Method

Part time (day)

Course Length

12 weeks

Department

Health and Wellbeing

Entry Requirements

There are no specific entry requirements, but applicants should have personal experience of mental health problems. Candidates should have good written and oral communication skills which can be evidenced by a qualification at SCQF Level 5 or above.

SCQF Level

7

SCQF Points

«SCQFPoints»

Progression Routes

Successful completion of the PDA may lead to opportunities for employment as a Peer Supporter. It may also offer access to a range of other related mental health and social services qualifications.

Combination Courses

«htmlCombinationCourse» «htmlCombinationUCASCode»

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