Sport and Fitness: Preparing for the Uniformed and Emergency Services (Level 5)

UHI Moray

Venues

Main campus

Content

This course has been designed to prepare you for a career in the uniformed and emergency services.

The course content has been designed with employer engagement at the forefront and will ensure that you are given ample opportunity to learn from some of the services first hand.

You will learn in real time or simulated environments, and you will participate in a residential trip which may be led by one of the services.

Units include: Communications; Numeracy; Teamwork through physical activity; Sports performance; Aptitude testing; Wellbeing and mindfulness; Fitness training methods; Residential; First aid; Health and safety; Citizenship; Managing conflict; Mobile team challenges.

Start Date

August

Qualification

Other

Study Method

Full time

Course Length

1 year

Department

Sports, Adventure and Tourism

Entry Requirements

3 subjects at National 4 including Physical Education.

You will require a satisfactory criminal record check from Disclosure Scotland to show that you are suitable for this type of course. Contact Disclosure Scotland for details on the type you would need.

SCQF Level

5

SCQF Points

«SCQFPoints»

Progression Routes

Sport and Fitness at SCQF Level 6. Alternatively, this course will provide you with the appropriate skills and attributes to apply directly to employment in the uniformed and emergency services such as the Army, RAF, Navy, Ambulance Service, Fire Service, Coastguard, and Police.

Combination Courses

«htmlCombinationCourse» «htmlCombinationUCASCode»

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