

## Fitness, Health and Wellbeing (Level 6)

Glasgow Clyde College

### Venues

Anniesland Campus  
Cardonald Campus

### Content

This course is designed to help you develop your own fitness, sports performance and instruction skill, and prepare you for further study. During the course you'll have the opportunity to gain a range of industry-recognised fitness qualifications, to network with a range of our employer partners and to gain valuable industry experience.

This course is ideal for anyone who enjoys fitness, training and working out and who hopes to pursue a career in fitness, physical activity and health.

### Start Date

August

### Qualification

NQ

### Study Method

Full time

### Course Length

18 weeks

### Department

Sport and Fitness

### Entry Requirements

3 subjects at National 5 including an English based subject, or relevant national qualifications at SCQF Level 5.

A Protecting Vulnerable Groups (PVG) check will be required to undertake any coaching placements/work experience which may be included in the course.

### SCQF Level

6

### SCQF Points

«SCQFPoints»

## Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

## Address

«Address»

## Website

[www.glasgowclyde.ac.uk](http://www.glasgowclyde.ac.uk)