

Fitness, Physical Activity and Health (Level 6)

Glasgow Clyde College

Venues

Anniesland Campus
Cardonald Campus

Content

NQ Fitness, Physical Activity and Health (Level 6) course is designed to prepare you for employment in the fitness and leisure industry or for further study.

You will gain practical skills and experience in a variety of sports and exercise contexts.

You will have an opportunity to gain various fitness industry qualifications, such as Pool Lifeguard, Emergency First Aid and SportsScotland Coach Connect Series.

You will visit local gyms and fitness facilities to participate in various exercise trends. You will also have an opportunity to work with our Active Campus Coordinator to deliver fitness activities which will enhance your CV.

Start Date

August

Qualification

NQ

Study Method

Full time

Course Length

18 weeks

Department

Sport and Fitness

Entry Requirements

3 subjects at National 5 including an English based subject, or NQ Fitness, Physical Activity and Health (Level 5), or other relevant national qualifications at SCQF Level 5. Interview.

A Protecting Vulnerable Groups (PVG) check will be required to undertake any coaching placements/work experience which may be included in the course.

SCQF Level

6

SCQF Points

«SCQFPoints»

Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

Address

«Address»

Website

www.glasgowclyde.ac.uk