

## Coaching and Developing Sport (2nd year entry)

Glasgow Clyde College

### Venues

Langside Campus

### Content

This in-depth course, created in line with the Chartered Institute for the Management of Sport and Physical Activity (CIMSPA), will help you on your way to becoming a qualified sports coach.

It covers principles like sports development, anatomy, nutrition, injury prevention and rehabilitation for players and athletes, as well as practical coaching skills, which you'll learn by coaching a diverse range of groups and sports throughout the course. Along the way, you'll gain recognised National Governing Body awards which will help you on your way to a successful career.

Subjects covered include:

Sports development 2; Sports coaching practitioner: knowing yourself 2; Sports coaching practitioner: knowing others 2; Sports coaching practitioner: knowing coaching 2; Sports coaching and development: graded unit 2; Physical preparation for sports performance; Psychology of sport and exercise; Current exercise trends.

Please note: that all students will have to purchase a college sports kit at a cost of approximately £50.

### Start Date

August

### Qualification

HND

### Study Method

Full time

### Course Length

1 year

### Department

Sport and Fitness

### Entry Requirements

Relevant HNC. Entry subject to interview.

You will require a satisfactory criminal record check from Disclosure Scotland to show that you are suitable for this type of course. Contact Disclosure Scotland for details on the type you would need.

### SCQF Level

8

### SCQF Points

«SCQFPoints»

### Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

### Address

«Address»

### Website

[www.glasgowclyde.ac.uk](http://www.glasgowclyde.ac.uk)