

# **Sports Coaching and Development**

Glasgow Kelvin College

#### **Venues**

Springburn Campus

#### Content

Sports coaching is a key aspect in the expanding sports industry across the UK, from grass roots level to high performance sports. This qualification will help you to pursue a career in coaching across a range of sports.

Year 1:

Sports Development 1; Anatomy, Physiology and Biomechanics in Sport; Sports Coaching: Developing Professional Practice; Sports Coaching: Knowing Yourself; Sports Coaching: Knowing Others; Sports Coaching: Knowing Coaching; Psychology of Sport and Exercise; Inclusive Sport; Personal Development Planning; Work Placement – this can be with your own sports club.

Year 2:

Sports Development 2; Sports Coaching: Knowing Yourself 2; Sports Coaching: Knowing Others 2; Sports Coaching: Knowing Coaching 2; Applied Psychology; Physical Prep for Sports; Current Trends; Strength & Conditioning: An intro.

#### **Start Date**

August

# Qualification

HND

## **Study Method**

Full time

## **Course Length**

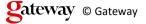
2 years

## **Department**

Sport, Fitness and Adventure Sports

## **Entry Requirements**

2 Highers including an English based subject; or relevant national qualifications at SCQF Level 6. Interview and fitness test.





You will require a satisfactory criminal record check from Disclosure Scotland to show that you are suitable for this type of course. Contact Disclosure Scotland for details on the type you would need.

# **SCQF Level**

8

## **SCQF Points**

«SCQFPoints»

## **Progression Routes**

3rd year of the BSc Sports Studies course at The University of West of Scotland.

## **Combination Courses**

«htmlCombinationCourse»

«htmlCombinationUCASCode»

## **Address**

123 Flemington Street Glasgow G21 4TD

## Website

www.glasgowkelvin.ac.uk

