

Sports Coaching and Development

Glasgow Kelvin College

Venues

Springburn Campus

Content

Sports coaching is a key aspect in the expanding sports industry across the UK, from grass roots level to high performance sports. This qualification will help you to pursue a career in coaching across a range of sports.

Year 1:

Sports Development 1; Anatomy, Physiology and Biomechanics in Sport; Sports Coaching: Developing Professional Practice; Sports Coaching: Knowing Yourself; Sports Coaching: Knowing Others; Sports Coaching: Knowing Coaching; Psychology of Sport and Exercise; Inclusive Sport; Personal Development Planning; Work Placement – this can be with your own sports club.

Year 2:

Sports Development 2; Sports Coaching: Knowing Yourself 2; Sports Coaching: Knowing Others 2; Sports Coaching: Knowing Coaching 2; Applied Psychology; Physical Prep for Sports; Current Trends; Strength & Conditioning: An intro.

Start Date

August

Qualification

HND

Study Method

Full time

Course Length

2 years

Department

Sport, Fitness and Adventure Sports

Entry Requirements

2 Highers including an English based subject; or relevant national qualifications at SCQF Level 6. Interview and fitness test.

You will require a satisfactory criminal record check from Disclosure Scotland to show that you are suitable for this type of course. Contact Disclosure Scotland for details on the type you would need.

SCQF Level

8

SCQF Points

«SCQFPoints»

Progression Routes

3rd year of the BSc Sports Studies course at The University of West of Scotland.

Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

Address

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Website

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