

Mental Health and Wellbeing (Level 5)

Glasgow Kelvin College

Venues

Springburn Campus

Content

This is aimed at those interested in mental health and wellbeing of self and others.

You will get the opportunity to be taught by lecturers who have worked across a variety of care sectors including mental health and forensics and will be able to bring so much more to teaching the units as a result of this.

The units you will study include the following:

Understanding Mental Health Issues; Influences on Mental Health and Wellbeing; Coping strategies and Building Resilience; Care: Values and Principles; Prevention of Infection; Families in Modern Society; Understanding Loss and Grief; Understanding Professional Ethics; Communications; Numeracy; Counselling: An Introduction; Care: Human Behaviour; Care: Social Influences.

Start Date

August

Qualification

NQ

Study Method

Full time

Course Length

1 year

Department

Health and Social Care

Entry Requirements

3 subjects at National 4; or relevant national qualifications at SCQF Level 4.

SCQF Level

5

SCQF Points

«SCQFPoints»

Progression Routes

NC Health and Social Care (Level 6)

Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

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