

## Holistic Therapies (Level 6)

Perth College UHI

### Venues

Main Campus

### Content

This complementary and holistic therapy course will provide you with a broad understanding and knowledge across a range of well-being therapies such as Body Massage, Stress Relief Techniques, Mindfulness, and other skill sets related to wellbeing and holistic therapies. This course incorporates a large practical element whilst promoting self-directed study and developing employability skills.

The course is delivered on a full-time basis and will provide you with a qualification and a defined skill set which reflects the skills essential for a successful career in the Holistic and Wellbeing sector. You will work in our salons within 'The Retreat' at the Academy of Sport and Wellbeing which provides a realistic working environment therefore giving you valuable practical experience.

### Start Date

September

### Qualification

NQ

### Study Method

Full time

### Course Length

1 year

### Department

Health and Wellbeing

### Entry Requirements

3 subjects at National 5; or NC Beauty Care and Make-Up (Level 5).

### SCQF Level

6

### Progression Routes

«ProgressionRoutes»

## Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

## Address

Crieff Road  
Perth  
PH1 2NX

## Website

[www.perth.uhi.ac.uk](http://www.perth.uhi.ac.uk)