

Pathway to Sport, Fitness and Health

Dumfries and Galloway College

Venues

Dumfries Campus

Content

This course is designed to introduce you to the Sport and Fitness industry at an introductory level which will prepare you for progression onto a Sport and Fitness @SCQF Level 5 course or into employment in the exciting Sport and Fitness Industry. You will gain practical skills and experience in a variety of sports and fitness contexts.

Content:

Practical sport activities; Practical fitness activities; Events; Employability skills; Health and safety in a sport and fitness context.

Start Date

August

Qualification

NQ

Study Method

Full time

Course Length

1 year

Department

Sport and Fitness

Entry Requirements

No formal academic qualifications are required however, an interest in Sport & Fitness is essential. Interview.

SCQF Level

4

Progression Routes

«ProgressionRoutes»

Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

Address

Dumfries Campus
Bankend Road
Dumfries
DG1 4FD

Website

www.dumgal.ac.uk