

Sport and Exercise Science

Heriot-Watt University

Venues

Edinburgh Campus

Content

The Sports and Exercise Science undergraduate degree combines cutting edge teaching with world-leading sports performance facilities – Oriam. Study, play and grow; this flexible degree will ensure you are ready to achieve the sporting career you are looking for.

Studying BSc (Hons) Sport and Exercise Sciences at Heriot-Watt, a mix of core and optional modules enables you to explore traditional sport, exercise and health science disciplines. This programme comprises a core of sport and exercise science with an additional emphasis on the study of topics central to human health and well-being, such as biology, nutrition, physiology, and psychology. These themes are developed together throughout the programme, with some flexibility in programme structure and design, according to your interests or career aspirations.

Start Date

September

Qualification

Degree

Study Method

Full time

Award Title

BSc Hons

UCAS Code

C6SS

Course Length

4 years

Faculty

School of Energy, Geoscience, Infrastructure and Society

Department

Sports Science

Entry Requirements

2025 entry requirements

Standard entry: 4 Highers at AABB including a science subject (Psychology or Physical Education accepted).

Widening access entry: 4 Highers at BBBC including a science subject (Psychology or Physical Education accepted) at B.

Progression Routes

«ProgressionRoutes»

Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

Address

Edinburgh
EH14 4AS

Website

www.hw.ac.uk