

Sports Development and Coaching

University of Stirling

Venues

Stirling Campus

Content

The BA (Hons) Sports Development and Coaching is a four-year course that is delivered across eight semesters. The overarching aim is to give you a multi-disciplinary social science-oriented appreciation of sport and the sport sector. This includes critically reflecting on the health, social, cultural, political, educational, and economic contribution of sport, sport development, and sport coaching.

In addition to providing an introduction to sport development and coaching, modules in the first two years provide an introduction to the importance of sport to individuals and communities, with particular focus on physical activity and health, sports psychology, sociology, and management. You will also take modules from other faculties, enhancing your knowledge and understanding in a broad range of topics, as well as developing your academic skills and abilities in preparation for a more in-depth and specialised exploration of sport development and coaching.

In the final two years, you will deepen your understanding of sport development and coaching in the sport sector. You will engage in learning that develops the knowledge, skills and abilities required to undertake academic inquiry into sport. You'll take Research Methods and the Advanced Studies in Sport modules to prepare you to undertake an independent major project on a topic that reflects your interests and career aspirations. You will also complete a Professional Practice in Sport module, where you will engage in a period of work-related learning and receive lectures from guest speakers from the sport industry on working in sport development and coaching.

Start Date

September

Qualification

Degree

Study Method

Full time

Award Title

BA Hons

UCAS Code

C601

Course Length

4 years

Department

Health Sciences and Sport

Entry Requirements

2026 entry requirements:
4 Highers at AABB.

For entry to the 3 year Honours degree you would require 3 Advanced Highers at ABB including Physical Education.

SCQF Level

10

Progression Routes

«ProgressionRoutes»

Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

Address

Stirling
FK9 4LA

Website

www.stir.ac.uk