

## Counselling Theory for Practice (Introduction)

Ayrshire College

### Venues

Ayr Campus

### Content

This Unit is for learners who have little experience of counselling. After achieving this Unit you cannot refer to yourself as a qualified counsellor. It does not offer entry to the Professional Register.

This unit will introduce learners to the main theoretical schools of counselling. Learners will investigate the Psychodynamic, Humanistic and Cognitive Behavioural Schools of Counselling and the role of the counsellor using each approach.

### Start Date

August, January

### Qualification

Other

### Study Method

Part time (evening)

### Course Length

18 weeks

### Department

Health and Social Care

### Entry Requirements

No formal entry requirements necessary. However, Counselling: An introduction and Counselling Theory units are preferred.

### SCQF Level

6

### Progression Routes

«ProgressionRoutes»

## Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

## Address

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Ayr  
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## Website

[www1.ayrshire.ac.uk](http://www1.ayrshire.ac.uk)