

Wellness and Complementary Therapies (Level 7)

Ayrshire College

Venues

Kilwinning Campus

Content

This course offers you the opportunity to explore a world of wellness practices that promote physical, emotional, and mental wellbeing for both individuals and communities.

In today's fast-paced world, the pursuit of holistic health has never been more crucial. This course equips you with the knowledge and essential skills needed to work in holistic and complementary therapy settings, as well as for self-development. Through a blend of practical work, lecturer-led sessions, and research projects, you'll delve deep into various therapeutic treatments within complementary and holistic health and wellbeing.

Start Date

August

Qualification

Other

Study Method

Full time

Course Length

1 year

Department

Hair, Beauty, Complementary Therapies and Make-Up Artistry

Entry Requirements

1 Higher; or Wellness and Complementary Therapies (Level 6); or other relevant national qualifications at SCQF Level 6.

SCQF Level

7

Progression Routes

«ProgressionRoutes»

Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

Address

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Website

www1.ayrshire.ac.uk