

Wellness Therapies

South Lanarkshire College

Content

This course will start in August 2022 and covers the main aspects of beauty therapy and wellness such as massage, wellness therapies and healthy eating.

Specific subjects include: body massage, First Aid in the Salon, Body Structures and Benefits of Treatments, Healthy Eating and Wellbeing, Managing Stress, Scalp, Neck and Shoulder Massage, Facial Massage, Thai Foot Massage, Natural Products, Ear Candle and Facial Sinus Drainage Treatments.

Start Date

August

Qualification

NC

Study Method

Full time

Course Length

1 year

Department

Beauty Therapy

Entry Requirements

2 subjects at National 5.

SCQF Level

6

SCQF Points

«SCQFPoints»

Progression Routes

HNC Beauty Therapy

Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

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