

## Football Coaching, Performance and Development (with Scottish FA)

Edinburgh Napier University

### Venues

Sighthill Campus

### Content

This degree programme – the first of its kind in Scotland - has been designed in collaboration with the Scottish Football Association to provide an holistic view of coaching within a football setting, using evidence based knowledge and learning to support the UEFA awards embedded into each year of the degree. At all times considering reality-based learning.

Upon successful completion of the programme, you will be a degree qualified coach in the many different facets of football, whilst also graduating with the UEFA C, Scottish FA Children's Licence, UEFA B and UEFA Youth B licence diplomas. In your 4th year of study, you will be able to specialise by carrying out a relevant piece of research and where appropriate, start working towards your UEFA A Licence, UEFA Elite Youth A Licence, UEFA Goalkeeping A, or Scottish FA Advanced Children's Licence as an integral part of the Work-Based Learning module.

Year 1: Fundamentals of Sport Science and Coaching; Introduction to Research Methods in Football; Coaching Children (Scottish FA Children's Licence); Coach Education 1 (UEFA C Licence); Psychology in Football; Anatomy and Physiology for Football.

Year 2: Coach Education 2 (40 credits) (UEFA B Licence); Introduction to Performance Analysis Applied Football Physiology; Player Welfare; Leadership and Management in Football.

Year 3: Coach Education 3 (40 credits) (UEFA B Youth Licence); Physiology for the Developing Athlete Performance Psychology; Research Methods in Football Coaching; Performance Analysis in Football.

Year 4: Sport Science in Football; Performance Development and Expertise; Advanced Performance Analysis; Work-based Learning in Football (60 credits).

### Start Date

September

### Qualification

Degree

### Study Method

Full time

### Award Title

BSc Hons

## UCAS Code

C6R5

## Course Length

4 years

## Department

Sport and Exercise Sciences

## Entry Requirements

2022 entry requirements

Standard entry:

4 Highers at BBBC including a science subject plus English, Maths and a science subject at National 5. Higher Physical Education will be accepted instead of a science subject if studied alongside Higher Maths.

Widening access entry:

4 Highers at BCCC including a science subject at B plus English, Maths and a science subject at National 5. Higher Physical Education will be accepted instead of a science subject if studied alongside Higher Maths.

You will also require a Scottish FA 1.3. Level coaching qualification.

## SCQF Level

10

## Website

[www.napier.ac.uk](http://www.napier.ac.uk)