

## Child and Adolescent Mental Health (CPD)

Lews Castle College UHI

### Venues

Virtual Learning Environment (VLE)

### Content

This Child and Adolescent Mental Health (SCQF level 10) module is aimed at those working with children in education, health, social care and the voluntary sectors.

You will examine the concept of health and wellbeing in relation to mental health in children and adolescents and explore key policy documents like Getting it Right for Every Child (GIRFEC).

You will gain an awareness of child and adolescent mental health services, their differences across the UK, the importance of progress, participation and partnerships, and an overview of specific mental health disorders.

You will explore topics such as:

Stigma and labelling; Child development; Risk factors for mental health issues for children themselves, within families and within environments; Resilience, in particular the promotion of resilience in the school years.

### Start Date

September

### Qualification

HNC

### Study Method

Distance and Flexible learning

### Course Length

14 weeks

### Department

Health and Wellbeing

### Entry Requirements

Evidence of being able to study at SCQF level 9 is required.

### SCQF Level

## Progression Routes

MA Health and Wellbeing

## Address

Castle Grounds  
Isle of Lewis  
Stornoway  
Na h-Eileanan Siar  
HS2 0XR

## Website

[www.lews.uhi.ac.uk](http://www.lews.uhi.ac.uk)