

# Rangers Soccer Academy Coaching Programme

New College Lanarkshire

## Venues

Broadwood Campus

## Content

The HNC in Sports Coaching, in partnership with Rangers Football Club, gives learners the knowledge and skills necessary to work as professionals within Football or the wider discipline of sports development and coaching. Successful applicants will be placed within the Rangers Soccer Academy programmes most suited to their home location and travel requirements. These work placements will provide invaluable experience within the Rangers Soccer Academy, allowing individuals to develop their coaching practice, employment and education prospects.

As part of the HNC, the Soccer Academy coaches will have access to the Rangers Online Academy platform for previous session content to assist with planning, delivery and review of coaching sessions. The platform also provides access to educational webinars to enhance the all-round development of the coach, with sessions including nutrition, sports science and wellbeing.

The course involves study of units such as:

Sports Coaching Practitioner: Knowing Coaching; Knowing Yourself and Knowing Others; Sports Development; Developing Professional Practice; Human Anatomy Physiology and Biomechanics in Sport; A Graded Unit; Coaching Children.

This HNC also includes an embedded, stand alone, industry-recognised Professional Development Award in Sports Coaching at SCQF Level 7. This is jointly certificated by SportScotland and the Chartered Institute for the Management of Sport and Physical Activity (CIMSPA).

## Start Date

August

## Qualification

HNC

## Study Method

Full time

## Course Length

1 year

## Department

Sports and Physical Activity

## Entry Requirements

2 Highers including 1 relevant subject; or NQ Sport and Fitness (Level 6); or other relevant national qualifications at SCQF Level 6. Interview.

You will require a satisfactory criminal record check from Disclosure Scotland to show that you are suitable for this type of course. Contact Disclosure Scotland for details on the type you would need.

## SCQF Level

7

## SCQF Points

«SCQFPoints»

## Progression Routes

HND in Coaching and Developing Sport

## Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

## Address

Town Centre  
Cumbernauld  
North Lanarkshire  
G67 1HU

## Website

[www.nclanarkshire.ac.uk](http://www.nclanarkshire.ac.uk)