

Introduction to Sport Fitness and Outdoor Studies

Inverness College UHI

Venues

Inverness Campus
Virtual Learning Environment (VLE)

Content

This course provides a general introduction to the sport, fitness and outdoor industries and is well designed to provide basic skills in a wide range of activities for those who are not certain of their chosen career path. This course enables progression onto a wide range of SCQF 5 courses, including those specifically in Sport and Fitness or Outdoor Pursuits.

Start Date

August

Qualification

Other

Study Method

Full time

Course Length

1 year

Department

Business, Leisure and Tourism

Entry Requirements

No formal entry requirements. Your commitment to sport should be evident from your personal statement. You should have achieved awards at National 3 level or equivalent. You might be asked to attend an interview.

SCQF Level

4

Progression Routes

«ProgressionRoutes»

Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

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